

# St. Peter's Primary School

## Report on Physical Education, School Sport and Physical Activity (PESSPA)

Academic Year: 2022-2023

Physical Education at St. Peter's means that children leaving in year 6 have:

- An awareness of the link between physical activity and good mental health and understand it's significance as part of a healthy lifestyle.
- Experienced a broad range of different activities using a wide range of skills.
- Participated in inter-house, inter-school or other competitions, building personal development skills such as teamwork, resilience, healthy competition and sportsmanship.
- Been inspired to have a lifelong participation in sports and physical activity.

Growing Together in Knowledge, Wisdom and Faith

The below document outlines the priorities of Physical Education, School Sport and Physical Activity at St Peter's for the academic year of 2022 – 2023. It reports on the allocation of funds from The Primary PE and Sports Premium Fund, which for 2022-2023 was £17,800. According to the Department for Education: "The School Sport and Activity Action Plan set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils. The PE and Sport Premium survey highlighted the significant impact which PE and Sport has had in many primary schools across England."

This document therefor also outlines the action plan for Physical Education, School Sports and Physical Activity at St. Peter's for 2022-2023, including allocation of Sport Premium funding. As set out by the Department for Education, there are five key indicators that schools should expect to make improvements across for the Primary PE and Sports Premium and include:

Indicator	Description of indicator	% total allocation
1.	The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school	9%
2.	The profile of PESSPA being raised across the school as a tool for whole school improvement	17%
3.	Increased confidence, knowledge and skills of all staff in teaching PE and sport	56%
4.	Broader experience of a range of sports and activities offered to all pupils	18%
5.	Increased participation in competitive sport	0.3%

## Details about funding

Total amount allocated for Financial year 2022/23	£17,800
Total amount of funding for 2022/23. To be spent and reported on by 31st July 2023	£17,800

## Swimming Data

Meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	83% (63% only shown achievement from February 23, then ran booster sessions to increase to current level)
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	83%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	100%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

## Action Plan and Budget Tracking

Academic Year: 2022/23 All children should have	Total fund allocated: £17,800	Date Updated: July 2023		
<b>Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school</b>				<b>Percentage of total allocation:</b>
				<b>9%</b>
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
All children have access to, and be actively included, in quality PE lessons.	Review PE equipment and ensure sufficient equipment for each pupil in the class for each sport covered in PE to promote maximum physical activity.	£197.25	100% of pupils in year 1-6 (Year R began in Term 4 with 1 hour of PE) took part in 2 hours of PE lessons at St Peter's.	Reallocate money from coaching of PE to further investment in new PE equipment in line with new curriculum developed for 2023-24.
	Continue to provide Balance ability weekly lesson in Reception class.  3 x 3-wheel scooters purchased for Reception class to ensure children are activity engaged in movement during own learning time.	Paid for out of general budget	30/30 children in Reception achieved Level 1 (Confidence on the balance bike) and 14/30 of these children also achieved Level 2 (confidence on a pedal bike) by July 2023.	Look to continue balance ability for Year R beginning in the spring term.  Look to book and run bike ability for year 6 in the summer term 2024.
Children to have active break and lunchtimes.	Additional lunchtime support from PSC to increase activity levels at playtimes.	PSC lunchtime support total – £1,400	Some level of uptake, unsure of interest during lunchtimes as hard to measure impact with children coming and going.	Look to remove this provision and have it run by sports leaders from September 2023

	Train playground buddies and sports leaders and ensure effective use of them at playtimes.	Cost was part of membership to TWKSSP (see KI2)	<p>Year 6 buddies and hall monitors (30 children) were used to help support children in the playground during lunchtime play. Children in year 6 were on a rota and all had the opportunity to be both supporting roles.</p> <p>19 sports leaders from year 5 (15) and 6 (4) trained with TWKSSP in June 2023 to create and support children during playtimes with organised activities.</p>	<p>Continue year 6 buddies and hall monitors on a rota basis in liaison with year 6 teacher.</p> <p>PE coordinator to run the sports leaders programme for academic year of 2023-24 with group of 19 sports leaders. Monthly meetings to occur to measure impact, create new activities and discuss progress.</p>
Engage children in regular, cross-curricular physical activity breaks throughout the day (active breaks and active lessons).	Continued annual subscription of 'teach active' lessons for English and Maths, giving opportunities for lessons to be taught with more physical activity.	Paid for out of general budget	Gives children opportunity to move more during class time to aid focus during lessons.	PE, Maths and English leads to monitor impact of 'teach active' sessions across the school – ensure that it is being use across Maths and English more regularly throughout the school year.
Provision of before and after school extra-curricular clubs to engage as many pupils as possible.	Organise wide variety of extra-curricular clubs, before and after school, catering for different sporting interests, gymnastics, dance, judo and multi-sports. Review uptake for all pupil groups	Costings in KI4	<p>In 2022-23, the following children participated in at least one active club on a weekly basis:</p> <p>Year R 3/30 (10%)  Year 1 21/30 (70%)  Year 2 15/30 (50%)  Year 3 21/30 (70%)  Year 4 25/30 (83%)  Year 5 22/30 (73%)  Year 6 17/30 (57%)</p>	Conduct annual pupil review using online survey to understand what people would like to continue or what new activities to include (Pupil Voice)

Total cost for Key indicator 1: £1,597.25



Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				17%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
To continue to create a well-being focussed culture for staff and pupils. This includes both physical, mental health and wellbeing.	Wellness workshop conducted in January 2023 (off-site). Also offering staff Yoga fortnightly.  Since February 2023, encouraged a wellness afternoon for staff and pupils to take part in. Children sign up for various activities that occur once a term, run by staff.	Paid for out of general budget	High engagement of pupils in these termly wellness afternoons. Many enjoyed the variety of activities available, and staff enjoyed delivering these sessions to a wide range of children for one afternoon.	Continue to do wellness afternoons for 2023-24 on a termly basis (end of each half term)  Look to conduct a pupil survey related to well-being and how pupils feel about the opportunities we offer at school.
To raise the profile of PE and School Sport through the celebration of participation and success with pupils, parents and other stakeholders.	During weekly celebration assemblies' children are encouraged to bring in certificates and other awards related to sport and physical activity achievements. They are then celebrated as a whole school.	No cost	Priority placed on PE and School Sport displayed to all stakeholders and articulated by the children and parents.  Update on new school website on 'Sport news' of events attended throughout the year. Have Sports leaders write up reports of events and matches both on website and in school newsletter.	Create a rota with sports leaders to ensure coverage of all events the school will attend next year.
Membership of national PE and sports organisations, providing access for all staff to quality CPD and resources.	Membership for the Association of Physical Education	£95 (1-year subscription)	Access to new research and concepts developed by industry specialists. Support in planning and up-skilling staff through	Research and consider accreditation from the AfPE of our PE curriculum.

			CPD and other training opportunities.	
	Membership to TWKSSP for CPD and resources	£3000 (£1500 planning packs, £1500 annual membership)	Joined as a full member in March 2023, since then we have altered our summer term curriculum	Continue to monitor the use of the scheme of work through PE lead conducting lesson observations, pupil voice and staff audit to check where areas of the curriculum can be improved.

Total cost for Key indicator 2: £3,095



Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				57%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Through annual staff audit carried out in September 2022, continue to ensure CPD for each teacher is targeted to their personally identified less confident areas of PE and areas not previously supported.	Continue to employ external coaches to provide high quality PE CPD and team-teaching in PE lessons for teachers (and where appropriate, teaching assistants).	PSC £7735 CSF £2380	With several new members of staff this year, having Pure Sport and CSF coaches to help support teachers has allowed for a consistent approach to teaching and delivering PE.	Through annual staff audit carried out in June 2023, continue to ensure CPD for each teacher is targeted to their personally identified less confident areas of PE and areas not previously supported.
	PE Coordinator to attend annual Kent Sport conference (May 2023)	Paid for out of general budget	PE coordinator gained a better understanding of provisions to better enhance the PE curriculum at St Peters. Took part in 3 workshops including: Teach active, Mental Health and Wellbeing and Delivering positive physical Activity Experiences for all using Personal and Physical Outcomes.	Action some of the points taken from the workshops: <ul style="list-style-type: none"> <li>• Ensure teach active occurs several times a term.</li> <li>• Working with SENCO and PSHE lead, continue to develop a wellbeing and Mental Health awareness and how PE can support this.</li> <li>• Continue to engage with sport festivals and other events supported by the Youth Sports Trust</li> </ul>

Total cost for Key indicator 3: £10,115



Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				18%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Continue to review and extend the broad and balanced PE curriculum that is offered to the whole school, to ensure that the children are engaged, and the National Curriculum requirements are exceeded.	Conducted a pupil survey of PE and activities at St Peter's to gather pupil voice about PE curriculum and activities available	No Cost	<p>Highlights from the recent 2022-23 PE survey:</p> <ul style="list-style-type: none"> <li>• Out of 182 responses, 179 pupils said they enjoyed PE lessons at school</li> <li>• Football, swimming and athletics were top 3 sports enjoyed the most.</li> <li>• New sport suggestions include: badminton, climbing, dodgeball, obstacle course, cycling and basketball, among others.</li> <li>• 104 pupils said they attended a school run sports club</li> <li>• 121 pupils said they attended a sports club outside of school.</li> </ul>	<p>Based on pupil survey will look to introduce new sports into the PE curriculum for 2023-24 (Basketball, Dodgeball, Badminton)</p> <p>Will also look to further develop the playground area with an obstacle course playground, including climbing frames and other equipment.</p>
	PSC run weekly sports clubs including, football, multi-sport, seasonal-sport, competition prep)	£3217.50	<p>Multi-sports (KS1) (17/60) 28%</p> <p>Football Y3&amp;4 (14/60) 23%</p> <p>Football Y5&amp;6 (17/60) 28%</p> <p>Seasonal Sports Y3-6 (23/120) 19%</p> <p>Competition prep Y5&amp;6 (13/60) 22%</p>	Continue football, seasonal sports and completion Prep. Look to add fitness club and move multi-sport to run by school.
	Judo for KS1 and KS2 pupils	Cost to pupils	<p>Y1&amp;2 (KS1) (20/60) 33%</p> <p>Y3-6 (KS2) (25/120) 21%</p>	Continue club next year but increase publicity.

				Include taster sessions for all classes and demo at summer fair.
	Yoga for KS1 and KS2 (since April 2023)	Cost to pupils	Y1&2 (KS1) 10/60 17% Y3-6 (KS2) 4/120 3%	Consider removing or adding as teach run club as yoga coach will be off on maternity leave for most of 2023-24 academic year.
	Netball Club (Since March 2023)	No Cost	Y5&6 (16/60) 27%	Continue as a club next academic year, advertise in newsletter for September for new players.
	Dance for all pupils (from January)	Cost to pupils	YR-6 (25/210) 12%	Class is full every term, continue next year on same day with coach. Include taster sessions for all classes and demo at summer fair.
	Running club for KS2 pupils (since January)	No Cost	Y3-6 (18/120) 15%	Move club to run by PSC as a fitness club for KS2
	Gymnastics club for KS1 & KS2	Cost to pupils	Year 1-6 (11/180) 6%	Continue club next year but increase publicity. Include taster sessions for all classes and demo at summer fair.
	Hockey for years 4-6 (since January)	Cost to pupils	Y4-6 (20/90) 22%	Continue next academic year from September for Y4-6.

Total cost for Key indicator 4: £3,217.50

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				0.3%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Continue to ensure that the children are given a wealth of opportunities to take part in competitive sports events, both intra and inter school, in 2022-23, registering B teams as well as A teams wherever possible to allow for the greatest number of children to participate as possible.	Continue to participate in School Games and TWKSSP organised competitions throughout the year – both A and B teams where possible.	Cost was part of membership to TWKSSP (see KI2)	<p>During 2022-23, St Peter's have participated in the following inter school sports competitions run by TWKSSP:</p> <p>Cross-country (11/10, 1/12)  Yr 5/6 Tag Rugby (13/10)  Year 5/6 Basketball (9/2)  Year 3/4 Hockey (21/3)  Year 3-6 Football Tournament (23/3)  Year 5/6 Hockey (28/3)  Year 1/2 Cricket (27/4)  Year 4/5 Handball (5/5)  Year 3/4 Cricket (11/5)  Year 5/6 Cricket (25/5)</p> <p>In recognition of our ongoing commitment to the School Games we have been awarded a Gold standard for 2022-23.</p>	Aim to achieve the Platinum level for 2023-24 for the School Games Award, with the criteria necessary to achieve this.
	Organise annual Sports, Art and Wellbeing Week for 2022-23	Paid for out of general budget	For 9 days in June, pupils took part in a large variety of activities. It was a mix of activities involving sport, art and	PE coordinator, in partnership with Headteacher and SENCO to Organise annual Sports and Wellbeing Week in 2023-24 – if necessary

			<p>music. Activities related to sport were:</p> <ul style="list-style-type: none"> <li>• Yoga Sessions (Year 6)</li> <li>• Street Dancing workshops (year R-6)</li> <li>• Drama workshops (year R-6)</li> <li>• Body percussion workshops (year R-6)</li> </ul>	funded through fundraising activities throughout the year. Consult with Sport Leaders to develop activities to run for Sports Day
	Swimming Gala	£25	In March 2023, we completed in the Tunbridge Wells Primary Schools Swimming Gala. We came 2 <sup>nd</sup> in the small school category with several pupils earmarks to join the local swimming club because of their performance.	Will look to enter again next year for the annual gala
	mSPORTi West Kent Schools Football League Year 5/6	£25	Our year 5/6 team came second in the league with 7 games played and a record of 3 wins, 2 draws and 2 losses. Many children enjoyed the experience of competing and focused on game play, teamwork and sportsmanship.	Continue within the league with a new team of year 5/6 pupils and coaching sessions run by PSC.
	Netball Friendlies	No Cost	Pupils part of the netball team were able to play in competitive matches against some other local schools. While the matches were friendlies they gained match play experience.	<p>Continue to develop experience at taking part in netball matches with local schools.</p> <p>Possibly create a collection of schools to play against, but will speak to netball coaches (Headteacher and Business Manager)</p>

Total cost for Key indicator 5: £50

Signed off by	
Head Teacher:	Mrs Joanna Langton
Date:	14/07/2023
Subject Leader:	Mr Andrew Knox
Date:	14/07/2023
Governor:	
Date:	

